Everyone has opinions about older people and what getting older means. We invite you to dispel myths about aging, change the conversation about older people, and learn strategies to make positive changes in your community so that you can live well into older age.

**Myths, Facts and Possibilities:**
Five-Part Boomer & Senior Roundtable Series

8:30am – 10:30 am
Lenox Hill Neighborhood House
331 East 70th Street (btwn 1st & 2nd)

**Session II: How Older Adults are Portrayed in the Media**
Thursday, December 6th

- Dori Block, journalist
- John Leland, New York Times Metro reporter, author of “Happiness is a Choice you Make”
- Sandra Robbins, Executive/Artistic Director, Shadow Box Theatre

We are bombarded with negative images and stories about older adults. But that's not necessarily the real story. Hear from journalists who cover older people, and changed their minds about aging, and from an older person impacted by negative media, who works to fight the narrative.

'18-'19 Roundtable Calendar:
- Loneliness
  Thursday, March 14th
- Meeting the Needs of a Growing Community
  Thursday, April 4th
- Organizing for Change
  Thursday, May 9th

**PLEASE RSVP** at https://tinyurl.com/olderadultsinmedia or by phone at 212-490-9535.